

367 INGLÊS
Prova escrita

PROVA DE EQUIVALÊNCIA À FREQUÊNCIA Duração: 90 min

Ano: 2021

1ª fase - Julho

11º ano

- Utilize apenas caneta ou esferográfica de tinta azul ou preta.
- Pode utilizar dicionários unilingues ou bilingues, sem restrições nem especificações.
- Não é permitido o uso de corretor. Em caso de engano, deve riscar, de forma inequívoca, aquilo que pretende que não seja classificado.
- Escreva de forma legível a identificação das atividades e dos itens, bem como as respetivas respostas.
- As respostas ilegíveis ou que não possam ser claramente identificadas são classificadas com zero pontos.
- Para cada item, apresente apenas uma resposta. Se escrever mais do que uma resposta a um mesmo item, apenas é classificada a resposta apresentada em primeiro lugar.
- Nas respostas aos itens, não forneça elementos da sua identificação pessoal, por exemplo, o seu nome.
- As citações dos itens encontram-se no final do enunciado da prova.

Part A

1. In **Box A** are the first words of seven quotes about *how to achieve success in life*. Complete them with the correct option from **Box B**. Two options will not be used. Write only the letters and the numbers.

Box A

- a) Success is not final; failure is not fatal: ...
- b) It is better to fail in originality ...
- c) The road to success and the road to failure ...
- d) Success usually comes to those ...
- e) Opportunities don't happen; ...
- f) Don't be afraid to give up the good ...
- g) Success is walking from failure to failure with ...

Box B

- 1. you create them. (Chris Grosser)
- 2. it is the courage to continue that counts. (Winston S. Churchill)
- 3. chase the passion. (Tony Hsieh)
- 4. to go to the great. (John D. Rockefeller)
- 5. are almost exactly the same. (Colin R. Davis)
- 6. should be greater than your fear of failure. (Bill Cosby)
- 7. no loss of enthusiasm. (Winston Churchill)
- 8. than to succeed in imitation (Herman Melville)
- 9. who are too busy to be looking for it. (Henry David Thoreau)

2. **Complete** the following text with the **seven words/expressions** from the box below. Use each word only once. Two words/ expressions are not used. Write only the letters and the numbers.

To get what you really want in life, first of all, you need to know what it is that you a). To discover that, stop trying to live someone else's dreams and b) of other people's ideas of who you are and who you ought to be. Then think about what you are c) about, and what really inspires you. Once you've found your drive, you'll know what you want in life. Put all your attention into that d) and the energy will flow that way, thanks to the Law of Attraction. Then you can take the next step and discover your purpose and the real e) in your life.

Everybody is here with a reason, and you are no f). Think about your talents and the needs of the world. What do you want your life to be about? It might take time to find the right answer, but start drafting it now. Don't do things merely because "you have to." Whatever you're doing, ask yourself what are you doing and why you're doing it. In the end, a clear sense of a mission will g) your performance and overall satisfaction.

- | | | | | |
|------------|--------------|------------|-----------------|------------|
| 1. mission | 2. exception | 3. want | 4. satisfaction | |
| 5. boost | 6. get rid | 7. excited | 8. direction | 9. talents |

Part B

You are going to read a text giving advice on how to achieve success in life.

5 No one is entitled to a great life. Not even you, unfortunately. So stop blaming anyone and **take** full responsibility for your life. Don't complain. Do something instead. Your thoughts, beliefs, and actions are more important than anything that is going on around you. The source of your problems is inside you, and so are the solutions. Don't make excuses. Excuse-making equals giving up. Commit to finding the solution to the challenges you're facing. You can make things better, so **take** notice of your skills. Start with your beliefs. Choose to believe in yourself. Yes, that is a matter of choice. After all, you only get what you expect. So stop expecting failures. Don't disempower yourself. As long as you believe that you can achieve your goals, you can make **it** possible.

10 Although fear is natural and you can't just shoo **it** off (nobody can!), you can decide that you won't let your fears hold you back. To deal with your fears and put them aside, you don't need any mental magic. All you have to do is to notice that most of the threats that you face are not life-threatening at all. So even if some of **them** come true, they are not likely to ruin your life. As long as you are aware of that, you'll be able to live with the fear, but without letting it control your life and actions. Most importantly, don't be scared of paying the price of success. You have to sacrifice something. Behind every successful person there are years of discipline, training, education, practice, and sacrifice. Be willing to put in time and effort. Decide to get things done. Take it a challenge, keep going and build momentum.

20 You can't make a perfect action plan. Just **take** an imperfect **one** and use feedback to adjust the course. All successful people do that. Instead of spending too much time worrying that something would not go as planned, they modify the plan based on the feedback that they receive. So what if they make mistakes? A mistake is just feedback. Once you start moving toward any goal, you'll be getting compliments, criticism, suggestions, direction, advice, and so forth. That's feedback. You can use it to adjust your course, or you can get paralysed by it—you choose your response. Another thing that you choose is who you're spending your time with. We are constantly changing and adjusting. So, who do you let influence your future? 25 Certainly not the people who complain all the time or make you feel miserable. Be proactive and find people who are successful and passionate about life.

30 If you settle for a half-effort, you won't be successful. Give your best effort and do **it** all the time. Whatever you do, be dedicated to excellence. Give more, and you'll become more. Exceed everyone's expectations. Always do "a little bit more." No excuses! Excuses limit your potential; don't let them get in your way of success. Confront the impossible if you have to, and you'll find out what is really possible and what your true capabilities are. Raise your standards, ditch mediocrity, demand more of yourself, stand above the crowd, and get more from your life. Now, **take** action. Hoping and dreaming is not enough. Make it happen.

in *The Hopeful Institute*, (adapted;
accessed in January 2021)

----- PÁGINA EM BRANCO -----

1. Say what the following words **refer to** in the text. Write only the letters and the words.

- a) it (line 10)
- b) it (line 11)
- c) them (line 15)
- d) one (line 21)
- e) it (line 33)

2. **Match** each word in **column A** with the word in **column B** that can replace it in the text. Two of the options are not used. Write only the letters and the numbers.

COLUMN A	COLUMN B
	1. consent
a) take (line 2)	2. accept
b) take (line 6)	3. assume
c) take (line 21)	4. push yourself
d) take (line 38)	5. suffer
	6. give attention

3. **Choose** the correct option (1, 2, 3, or 4) to complete the sentences according to the text. Write only the letters and the numbers.

a) Which of the following is not given as a piece of advice in paragraph 1?

- 1. Be proactive.
- 2. Expect the worst.
- 3. Be self-reliant.
- 4. Empower yourself.

b) “Shoo it off”, in paragraph 2, line 11, means

- 1. delay it.
- 2. fight it.
- 3. avoid it.
- 4. deal with it.

c) “momentum”, in paragraph 2, line 20, means

- 1. velocity.
- 2. strength.
- 3. lethargy.
- 4. disincentive.

d) According to paragraph 2, the threats you may come across in life

1. will mostly come true.
2. will hold you back at times.
3. may ruin your life.
4. are not as alarming as you might think.

e) In paragraph 3 we learn that feedback

1. can come in many forms.
2. arises from a perfect action plan.
3. leads to mistakes.
4. prevents you from moving on.

f) The main idea in paragraph 4 is

1. decide what is possible.
2. learn from the setbacks on the way.
3. give and do your best.
4. design your life purpose.

g) Which of the following is not given as a piece of advice in paragraph 4?

1. Be bold
2. Go above and beyond.
3. Don't settle for averageness.
4. Meet other people's expectations.

4. Rewrite the following sentences starting with the words below. Make any necessary changes.

a) Brad has been working relentlessly. He hopes to win the employee of the year award.

Brad has been working relentlessly so that...

b) He has achieved all his goals with hard work and persistence.

All his goals...

c) "The way I think and feel about myself, including my beliefs and expectations, determines everything that happens to me."

The motivational speaker said that...

d) They were challenged to step outside their comfort zone. They didn't want to take the risk.

Despite...

e) He wasn't able to cope with stress. He didn't manage to handle the events with patience and calmness.

If he...

Part C

Choose **ONE** of the following topics and write a minimum of 140 words on it.
Do not sign your text.

Topic 1:

"The key to success is to focus on goals, not obstacles"

Your School has asked students to write a speech giving your opinion on this quote. In your opinion what is the key to a successful future life?

Write the text for your **speech to your school community** on the topic.

Remember to:

- Grab people's attention with a strong introduction.
- Emphasise three main points, with examples to support them.
- Conclude by encouraging people to take action.

Topic 2:

"The world of work is different from what it was some years ago."

Write an opinion text referring to its changes and the reasons for this behaviour and to the job market you are going to face now.

Remember to:

- Introduce by stating the main point.
- Provide three main reasons, with corresponding examples, to support your opinion.
- Conclude summarising your opinion.

Fim da prova

Cotações

Parte A		Parte B		Parte C	
1.15 pontos		1.20 pontos		60 pontos	
2.15 pontos		2.20 pontos			
		3.40 pontos			
		4.30 pontos			
Total	30	Total	110	Total	60